

Luxury Interiors with a Holistic Core

We work with Holistic Interiors – an approach where atmosphere, materiality and human behaviour form the basis for spaces that feel alive, balanced and sensually intelligent.

Our practice combines design, life sciences and spatial strategy to create interiors that elevate both function, well-being and identity.

We design spaces that not only need to be seen but felt.

We design places that:

- Are experienced as balanced and calm
- Has a clear identity and a luxurious expression
- Is made for joy, depth and purpose
- Is curated with materials that age beautifully
- Supports your daily rituals and rhythms of life

It's not about trends. It's about quality, depth and an atmosphere that is experienced in the body.



Blissbode Living Offers Packages

Holistic Concept House Planning

Conceptual house plans created with spatial intelligence. We are happy to include advice on location on the plot and landscape planning, so that home and nature merge into a harmonious whole for the benefit of you.

Holistic Interior Design

Atmospheric, holistic spaces created through light, materiality and spatial intelligence. For those who want an interior that feels balanced, luxurious and vibrant, or for those who need clients who reach new depths.

Full-Service Design

You can also receive a move-in ready place. A curated whole that feels like an extension of yourself — created with intention, depth, and cultural intelligence.

Concept Development

Concepts with atmosphere that create balanced vitality, identity and sensual wholeness.

Material & Colour Strategy

Curated Palettes and Materials create depth, balance and sensual quality. The recommendation creates preferred personal living areas. A tactile approach to luxury.

Spatial Wellbeing & Flow

The design creates flow, balanced vitality and an experience of being in an intelligent environment that feels you back.

Luxury Styling & Curation

Objects, art, textiles and details aren't decoration — it's transformation. Each element is selected with purpose and intention, giving the room a clear identity and an atmosphere that feels intelligent, sensual and alive.

Consultation Sessions

1:1 counselling, where you get clarity, direction and concrete steps to lift a room. The perfect start to a transformation — both of the space and of the way you are in the space.

Interior design coaching

We find that many people want to deepen their personal relationship to influences from the history of the place, as well as actively participate in the definition of forward-looking personal purposes.



What's Inside Your Project

At Blissbode Living, your project is thoroughly worked out. As project managers, we translate artistic direction into concrete decisions that last through technical development, procurement and fit-out. By agreement, we integrate e.g.:

Project Management: Managing organizational and cultural complexity, coordination of interests, management by suppliers

Drawings: Technical drawings, spatial planning, flow and proportions, bespoke furniture

Basic phases: Analyses, on-site visits, measurements

Holistic phases: Flow, remedies and application of life sciences

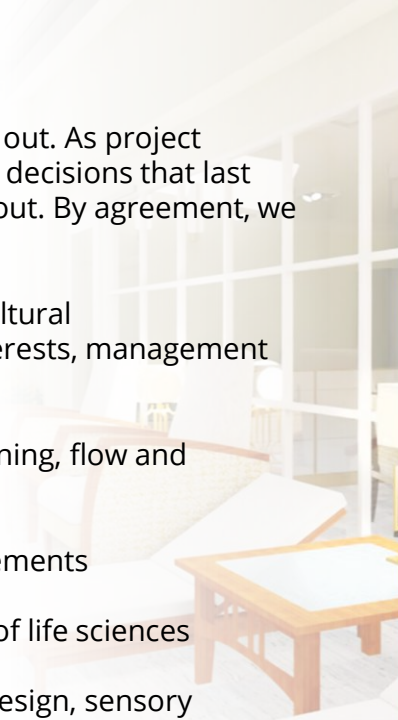
Design phases: Spatial dramaturgy, proxemic design, sensory sequencing, materials psychology

Technical phases: Lighting strategy, design and placement of HVAC and electrical components

Commercial Phases: Purchasing; selection of furniture, ordering, delivery, and related activities

Fit-out: Logistics and installation

Each solution is holistic. Each room is designed for balanced vitality and human drive. You will receive an atmospheric project with selected materials, sensory strategy and spatial intelligence.



General Surfaces

- Wall paint on felt
- Paint on window sill
- Wooden floor
- Blind sheer curtain fabric

Metals are Brushed Nickel

To allow the Northern light when refreshing and warmer reflections, brushed nickel facilitates both.

The blue and yellow stripe in the cushions accents and characterizes the seating area. It also prepares for patterns and colours in the further interior.

Products in the main seating areas are interplaying with roundness. Contrasting square pieces add character. Here, the table connects red accents.

While the rug unites the green shades, it uplifts and comments on the golden reflections from the ceiling.

Cushions with red accents refreshes the green shades.

The blue allows for a clear colour in the Northern direction

The shiny material reflects and enhances the warmth of the surrounding materials

The adjacent seating area mirrors the interplay of materials having the sofa re-upholstered.

Interplay of Patterns in Upholstry Fabrics

Coherence through Variations



A Restorative Bedroom – an Example

A sensory corner where materials, light and composition work together to create gentle joy and depth.

Warm lighting, tactile textiles and curated objects act as behavioural cues, inviting presence, gratitude and emotional grounding.

The room supports the sleeper not only physically, but psychologically: Light direction creates a visual landing and signals closure before falling into sleep.

Colours: Evoke soft joy and a sense of belonging

Object placement: Establishes mental clarity and rhythm

Material psychology: Fosters safety and sensual calm

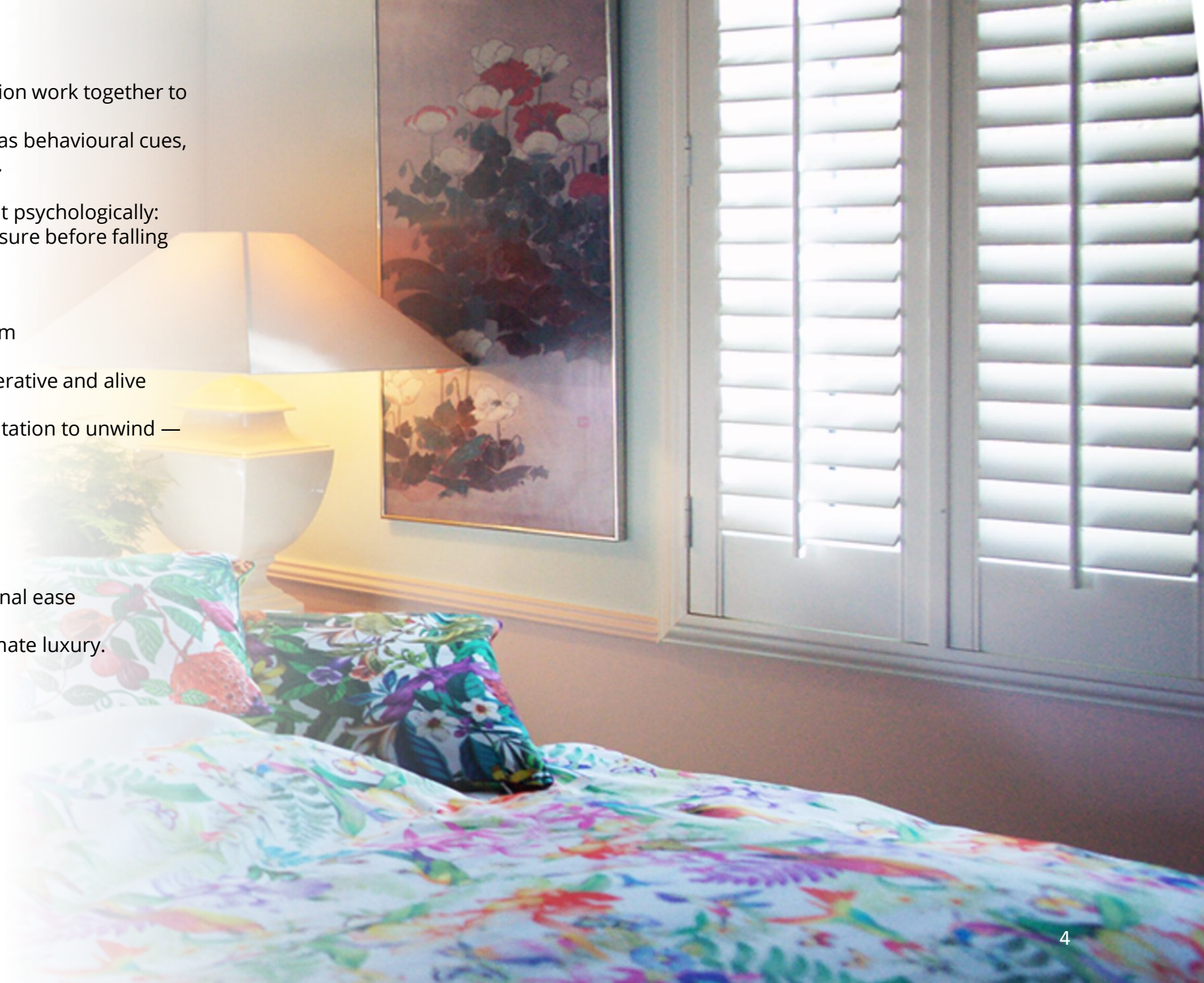
Living elements: Anchor the space in something regenerative and alive

This is not simply a bedroom. It is an atmospheric invitation to unwind — and to dream with intention.

Designed as a restorative environment, it focuses on:

- Textures that soothe the nervous system
- Dimmed, intelligent lighting
- Colours that promote rest
- Spatial composition that creates safety and emotional ease

Keywords: Holistic wellbeing, restorative design, intimate luxury.



About the Studio

Blissbode Living Studio creates luxury interiors with a holistic core — spaces shaped by spatial intelligence, atmospheric depth and a profound understanding of human behaviour.

We work amongst others with:

- Designing the structures of the building, Blissbode Living avoids traditional architectural unfortunates; Instead, the structure supports human security and drive.
- Proximity and distance — how functions, zones, and objects are placed in relation to each other, so that the space intuitively supports your daily rituals, energy, and rhythm
- Our concepts are characterized by subtle behavioral markers that guide movement, presence, and rhythm.
- Cultural inspiration and spatial intuition, so that materials, shapes and objects create a whole that both resonates with the place and lifts it. It's about curating an experience — not just an expression.
- How spatial intelligence and atmospheric design can support your rhythm of life, your personal drive, and your daily joy.
- The purpose of the décor, depth for our guest and your sensory experience of belonging.
- A design shaped by light, materials and spatial composition, creating spaces that intuitively support human behaviour and are experienced as intelligent, living environments.

As a beneficiary, our client receives a complete solution by agreement without having to manage the process themselves. In such full-service designs, Blissbode Living does not deliver standardized features, but spatial poetry, purpose, and the sense of belonging.

As a beneficiary of Blissbode Living luxury interiors with a holistic core, you receive more than a completed project. You step into a space that works for you — a living environment that restores your energy, supports your rhythm of life, and offers a continuous sense of belonging. Every decision, from structure to sensory detail, is crafted to elevate your daily experience and give you back more than you invest.

Design Approach

Our method is a synthesis of sensuality, science and spatial intelligence.

Blissbode Living works with:

Atmospheric Mapping

Analysis of light, sound, proportions, positions and energy distribution in the room, in relation to the beneficiary's attention flow.

Material Intelligence

Materials selected for their tactile, psychological and functional qualities, and used as remedies, for your specific purposes.

Behaviour-Driving Layout

Spatial organization based on human needs, behavior, and movement patterns.

Sensory Layering

Layers of texture, color, light and shape that together create a holistic experience. Sensory sequencing : effects of sensory 'grasps' on a physical and psychological level.

Holistic Luxury

Luxury understood as balanced vitality, quality, deep presence and joy. The vitality of the site is up-scaled and works for you.

You are our beneficiary as:

- Private homeowners
- Clinics
- Hospitality
- Boutique luxury styling
- Architectural studies
- Wellness environments

All projects are tailor-made and start with a conversation about your needs, your rhythm of life and the atmosphere you want to live in and the purposeful drive you want to live with.

As project managers, we collaborate with:

- Constructors, draftspersons
- Architects
- Craftsmen
- Relevant service subjects

For
Luxury Interiors with a Holistic Core
With joy, depth and purpose

Contact

Bonna Ravn Thomsen

Spatial Designer & Concept Developer Holistic Interiors

contact@blissbode.live

+45 50 26 09 62

www.blissbode.live

